



Fitness Class Schedule

May Bank Holiday

At

Kelsey Kerridge

Sports Centre

May Bank Holiday

Friday 2nd May	12.15pm – 1.00pm	Group Cycling
Saturday 3rd May	11.30am – 12.30pm	Zumba
Sunday 4th May	11.30am – 12.30pm	Bootcamp Circuits
Bank Holiday	12.30pm – 1.30pm	Fitness Circuits
Monday 5th May	6.00pm – 7.00pm	Zumba
	6.15pm – 6.45pm	Krunch & Kore

All classes back to normal from Tuesday 6th May 2025

*All teachers subject to availability
visit www.kelseykerridge.co.uk*